## SEC Form 3

FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

				or	Section 30(h	) of the Inv	estment Company Act of 1940						
1. Name and Addre Schena Josej		Event Requir (Month/Day/ 21		3. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Simply Good Foods Co</u> [ SMPL ]									
(Last) (First) (Middle) 1225 17TH STREET SUITE 1000					4. Relationship of Reporting Person(s) to Iss (Check all applicable) X Director Officer (give title below)			suer 10% Owner Other (specify below)		5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person			
(Street) DENVER	СО	80202	_								Α	2	lore than One Reporting Person
(City)	(State)	(Zip)											
				Table I - I	Non-Deriv	vative S	ecurities Beneficially C	wne	d				
1. Title of Security (Instr. 4)						2. Amount Dwned (Ins	of Securities Beneficially str. 4)	Di	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
			(e				urities Beneficially Ow options, convertible se		ies)				
1. Title of Derivative Security (Instr. 4)			E	Expiration Date (Month/Day/Year) Date Expiration		3. Title and Amount of Securities Underly Security (Instr. 4)		erlyinç	g Derivative	4. Conversio or Exercis	on li se d	5. Ownership Form: Direct (D) or Indirect (I)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
						Title			Amount or Number of Shares	Price of Derivative Security		(Instr. 5)	

Explanation of Responses:

Remarks:

No securities are beneficially owned.

/s/ Timothy R. Kraft, as Attorney-in-Fact 01/22/2021

for Joseph J. Schena \*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v). \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

## POWER OF ATTORNEY

KNOW ALL BY THESE PRESENTS, that the undersigned hereby makes, constitutes and appoints Timothy R. Kraft and Neil J. Eckstein, signing singly,

(i) execute for and on behalf of the undersigned, in the undersigned's capacity as a director, director nominee, officer or beneficial owner or

(ii) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such

(iii) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorneys-in-fact, may be of

The undersigned hereby grants to such attorneys-in-fact full power and authority to do and perform any and every act and thing whatsoever requ: This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file reports or schedules under Set \* \* \* \*

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 22nd day of January, 2021.

By: /s/ Joseph J. Schena Name: Joseph J. Schena Title: Director