



Simply Good Foods to Report First Quarter Fiscal Year 2019 Financial Results on Thursday, January 3, 2019

December 19, 2018

DENVER, Dec. 19, 2018 (GLOBE NEWSWIRE) -- The Simply Good Foods Company (NASDAQ: SMPL) ("Simply Good Foods" or the "Company"), a developer, marketer and seller of branded nutritional foods and snacking products, today announced it will report financial results for the fiscal 13 week first quarter ended November 24, 2018 on Thursday, January 3, 2019, before market open. The Company will host a conference call to discuss these results with additional comments and details provided at that time. Participating on the call will be Joseph E. Scalzo, President and Chief Executive Officer, and Todd Cunfer, Chief Financial Officer.

The conference call is scheduled to begin at 6:30 a.m. Mountain time (8:30 a.m. Eastern time) on Thursday, January 3, 2019. Investors interested in participating in the live call can dial 1-877-407-0792 from the U.S. and International callers can dial 201-689-8263.

In addition, the call and accompanying presentation slides will be broadcast live over the Internet hosted at the "Investor Relations" section of the Company's website at <http://www.thesimplygoodfoodscompany.com>. The webcast will be archived for 30 days. A telephone replay will be available approximately two hours after the call concludes and will be available through Thursday, January 17, 2019, by dialing 844-512-2921 from the U.S., or 412-317-6671 from international locations, and entering confirmation code 13685971.

About The Simply Good Foods Company

The Simply Good Foods Company (Nasdaq: SMPL), headquartered in Denver, Colorado, is a highly-focused food company with a product portfolio consisting primarily of nutrition bars, ready-to-drink shakes, snacks and confectionery products marketed under the Atkins®, SimplyProtein®, Atkins Indulge®, and Atkins Harvest Trail brand names. Simply Good Foods is poised to expand its wellness platform through innovation and organic growth along with investment opportunities in the snacking space and broader food category. Over time, Simply Good Foods aspires to become a portfolio of brands that bring simple goodness, happiness and positive experiences to consumers and their families. For more information, please visit <https://www.thesimplygoodfoodscompany.com>.

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Source: The Simply Good Foods Company