



## The Simply Good Foods Company to Participate in the Goldman Sachs Global Staples Forum

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DENVER, April 30, 2019 (GLOBE NEWSWIRE) -- The Simply Good Foods Company (NASDAQ:SMPL) ("Simply Good Foods" or the "Company"), a developer, marketer and seller of branded nutritional foods and snacking products, today announced that management will webcast its discussion at the Goldman Sachs Global Staples Forum on Tuesday, May 14, 2019 at 8:50 a.m. ET in New York, NY.

Joseph E. Scalzo, President and Chief Executive Officer of The Simply Good Foods Company, and Todd Cunfer, Chief Financial Officer of The Simply Good Foods Company, will participate in a question-and-answer session on the Company's business strategies and long-term financial objectives.

The live audio webcast will be available at <http://www.thesimplygoodfoodscompany.com> within the Recent Events section of the Company's website and be archived for 30 days.

### About The Simply Good Foods Company

The Simply Good Foods Company (Nasdaq: SMPL), headquartered in Denver, Colorado, is a highly-focused food company with a product portfolio consisting primarily of nutrition bars, ready-to-drink shakes, snacks and confectionery products marketed under the Atkins®, SimplyProtein®, Atkins Endulge®, and Atkins Harvest Trail brand names. Simply Good Foods is poised to expand its wellness platform through innovation and organic growth along with investment opportunities in the snacking space and broader food category. Over time, Simply Good Foods aspires to become a portfolio of brands that bring simple goodness, happiness and positive experiences to consumers and their families. For more information, please visit <http://www.thesimplygoodfoodscompany.com>.

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Source: The Simply Good Foods Company